



News Advisory

Friday, August 12, 2005
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Utah Decision Makers Convene First Childhood Obesity Forum

- What:** Key decision makers committed to improving children's health will participate in a forum, "Tipping the Scales toward Healthier Children" to discuss the impact of childhood obesity, identify what is currently being done to address the problem, and discuss opportunities for new action. This forum will bring together representatives from the community, schools, work sites, health care systems, and the media to discuss ways to make the healthy choice the easy choice.
- Why:** One in four Utah children are already at an unhealthy weight, putting them at risk to join the 58 percent of Utah adults who are overweight or obese when they grow up. They are also at increased risk for type 2 diabetes and heart disease, conditions once only seen in adults. Although overweight and obesity stem from individual and family choices, children struggle to make healthy food choices and be physically active in settings that do not support these habits.
- Who:** William Dietz, MD, Director, Division of Nutrition and Physical Activity, National Centers for Disease Control and Prevention
David Sundwall, MD, Executive Director, Utah Department of Health
Experts from education, health care, public health, community planning, major corporations, and the media
- When:** Wednesday, August 17, 2005
8:15 a.m. – 4:45 p.m.
Dr. Dietz will speak from 8:45 to 9:25 a.m. and will be available for interviews immediately after his remarks.
- Where:** Delta Center, VIP Conference Room (NE ticket entrance)
301 West South Temple
Salt Lake City

Parking available at Park Place, at the corner of South Temple and 300 West. Enter the parking lot from 300 West (across the street to the east of the Triad Center).

Interview, video and photo opportunities available

Download the new report from the Utah Department of Health, "Tipping the Scales towards a Healthier Population: A Report of Overweight and Obesity in Utah" at <http://health.utah.gov/obesity>

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